


	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	
	APERTURA// 6:45					CIERRE// 22:00	APERTURA 8:00  CIERRE 18:00
8:30/ 9:30	CROSS TRAINING		CROSS TRAINING				
9:30/ 10:30	SPINNING	BODY PUMP	SPINNING	BODY PUMP	BODY BALANCE		
15:30/ 16:30	BODY PUMP	SPINNING	BODY PUMP	ZUMBA // STEP	BODY BALANCE		
19:00/ 20:00	BODY BALANCE	BODY PUMP	BODY BALANCE	BODY PUMP	BODY BALANCE		
20:00/ 21:00	SPINNING	BODY PUMP	SPINNING	BODY PUMP	SPINNING		
21:00/ 22:00	KRAV MAGÁ		KRAV MAGÁ				